

Week C Menu

Autumn term
Lunch menu

Tuesday

Main

Meat and potato pie with carrots,
roast potatoes and gravy

or

Beef burritos with tortilla chips and
salsa

Vegetarian

Spinach and broccoli quiche with
salad and coleslaw

Thursday

Main

Lasagne, garlic bread and salad

or

Sweet chilli chicken and vegetable
rice

Vegetarian

Vegetable lasagne, garlic bread and
salad

Monday

Main

Chicken katsu curry served with
brown rice and Mediterranean
vegetables

Vegetarian

Roasted Mediterranean vegetable
tagliatelle in a tomato sauce

Wednesday

Main

Chicken Tikka masala with basmati
rice and garlic naan

Vegetarian

Vegetable Sabzi with basmati rice
and garlic naan

Friday

Main

Battered fish with oven chips and
peas or beans

or

Chicken burger with oven chips,
salad and coleslaw

Vegetarian

Tomato and basil pasta with garlic
bread and salad