

Week A Menu

Autumn term
Lunch menu

Tuesday

Main

Meat and potato pie with roast potatoes, mixed vegetables and
gravy
or

BBQ chicken with roast potatoes and mixed vegetables

Vegetarian

Cheese and onion quiche with side salad and coleslaw

Thursday

Main

Sausage, mash potatoes, yorkshire pudding, carrots and gravy

Vegetarian

Vegetarian sausage, mash potatoes, Yorkshire pudding, carrots and
gravy

Monday

Main

Sweet chilli chicken skewers with seasoned wedges and coleslaw

or

Lamb koftas served with basmati rice and shirazi salad

Vegetarian

Moroccan falafel bites served with basmati rice and shirazi salad

Wednesday

Main

Chicken tikka masala with rice, oven roasted cauliflower and garlic naan

Vegetarian

Sweet potato, chickpea and spinach coconut curry with rice and garlic naan

Friday

Main

Battered fish with oven chips and peas or beans

or

Chicken strips with oven chips and peas or beans

Vegetarian

Vegetarian burger with oven chips and coleslaw